



**DR SHAHID
AKHTAR (PT)**

CONTACT

☎ +91 87578 92948

✉ shahidakhtar24031996@gmail.com

📍 D15 Siddhart Nagar, Bhopal

📅 24/03/1995

SKILLS

- Manual Therapy
- Pain Management
- Musculoskeletal Assessment
- Rehabilitation Exercises
- Patient Education
- Effective Communication
- Critical Thinking
- Multidisciplinary collaboration
- Marketing
- Time Management
- ICU Management
- OPD/IPD Management

HOBBIES

- Reading
- Cricket
- Traveling
- Football

LANGUAGES

- English
- Hindi
- Urdu

CAREER OBJECTIVE

Looking to apply my skills in functional strength training to administer active and passive manual exercises to ensure the well-being of patients.

EDUCATION

BSEB 10TH Laxmipur High School, Bihar

2011

Passed with 62%

BESB 12TH GM College Bettiah, Bihar

2012 - 2014

Passed with 65.1%

GRADUATE Bachelor of physiotherapy.
SRK University, Bhopal (MP)

2016 - 2020

Passed with 76.5%

CERTIFICATIONS

- **61st National Conference** of Indian Association of Physiotherapists 8th - 10th March 2024 - Dehradun.
- **"PHYSIOTHERAPY CONCLAVE 2024"** for recognition of meritorious and outstanding work done to promote the physiotherapy profession awarded on 28th April 2024.
- **"MANUAL THERAPY"** The Course Included Theory and Practical Part with 8 Credit Hours On 23 June 2024 Bhopal (MP)
- **KINEMATICS CARE & PERFORMANCE** Organised One Day Workshop on **MANUAL THERAPY (Cyriax Concept)** on 4 Feb 24.

SPECIAL SKILLS

*Aquatherapy.

- BFOT
- Dry needling (Suffix CDNT)
- Cupping Therapy, Hijama.
- IASTM
- CYRIAX, MFR, MET
- Kinesio Rehab Taping (CKRTP)
- Cardio-Pulmonary Rehabilitation
- Exercise Prescription and Nutrition
- Spine mobilization and manipulation

WORK EXPERIENCE

- Completed 6 Months Internship (2020-21) at **RKDF Hospital, Bhopal.**
- Worked for 2021 to 2023 at **Shree Balaji Multispeciality Hospital, Bhopal.** (OPD/IPD, Cardiac, Pediatric, Physiotherapy, Orthopedic, Surgery, Medicine)
- Worked for 6 months at **Zindal Hospital, Bhopal.** (Community posting, Physiotherapy, IPD/OPD)

DECLARATION

I hereby declare that above mentioned information is true to the best of my knowledge.
your faithfully,

DR. SHAHID AKHTAR (PT)

Date :-

Place :-

Sarvepalli Radhakrishnan University Bhopal

(Statutory University established by Govt. of M.P. under section 2(f) of UGC act)

AA 187503



Enroll. No. **SRKUBPT16050**

DEGREE

Certified that **Shahid Akhtar** S/O Md. Shani, a student of **Department of Paramedical, SRKU, Bhopal** is here by awarded the **Bachelor of Physiotherapy** having passed Examination held in **December - 2020** and was placed in the **First Division (Hons.)**.

उपाधि

प्रमाणित किया जाता है कि **शाहीद अख्तर** सुपुत्र मो शनि, विद्यार्थी डिपार्टमेंट ऑफ पैरामेडिकल, एस आर के यू, भोपाल, को इस विश्वविद्यालय द्वारा आयोजित परीक्षा दिसंबर – 2020, प्रथम श्रेणी (विशिष्ट योग्यता) में उत्तीर्ण कर लेने के उपरांत **बैचलर ऑफ फिजियोथेरेपी** की उपाधि प्रदान की जाती है।


REGISTRAR


VICE-CHANCELLOR

Date: 02-December-2024

Place: Bhopal



SI. No. : 165182



SARVEPALLI RADHAKRISHNAN UNIVERSITY

HOSHANGABAD ROAD, JATKHEDI, BHOPAL (M.P)

STATEMENT OF MARKS

EXAMINATION - DECEMBER - 2020

BACHELOR OF PHYSIOTHERAPY FOURTH YEAR

ENROLLMENT NUMBER : SRKUBPT16050

NAME OF STUDENT : SHAHID AKHTAR

FATHER'S NAME : MD SHANI

INSTITUTE NAME : DEPARTMENT OF PARAMEDICAL, SRKU

STATUS : REGULAR

ATTEMPT: 1



SUBJECTS/PAPERS		SCHEME OF MARKS				MARKS OBTAINED				
		I	ASS	VIVA	TOT	MIN	I	ASS	VIVA	TOT
PHYSICAL DIAGNOSIS & PRESCRIPTION	PR	40	20	20	80	40	35	16	16	67
	TH	100	20		120	60	75	17		92
PHYSIOTHERAPY IN CARDIOTHORACIC CONDITION	PR	40	20	20	80	40	30	17	16	63
	TH	100	20		120	60	70	16		86
SPORTS PHYSIOTHERAPY	PR	40	20	20	80	40	31	18	16	65
	TH	100	20		120	60	68	16		84
COMMUNITY MEDICINE COMMUNITY PT FIELD VISITS & PHYSIOTHERAPY ETHICS	TH	80	20		100	50	56	17		73
REHABILITATION THERAPY & BIOSTATISTICS	TH	80	20		100	50	60	18		78
MAXIMUM MARKS: 800						MARKS OBTAINED: 608				
SIX HUNDRED EIGHT OUT OF EIGHT HUNDRED										
RESULT: PASS		PERCENTAGE: 76.00 %				DIVISION: I (FIRST WITH HONOURS)				

Prepared By

Checked By

Head of Institution (Signature & Seal)



Date : 25 MAR 2021

Dy. Exam Controller
Sarvepalli Radhakrishnan University,
Bhopal
Exam Controller/Deputy Exam Controller





SARVEPALLI RADHAKRISHNAN UNIVERSITY, BHOPAL



DEPARTMENT OF PARAMEDICAL SCIENCES

Hoshangabad Road, Jatkhedhi, Misrod Bhopal-462026

Affiliated To : MP Paramedical Council (A Statutory Body of the Govt. of M.P.)
3rd Floor Platinum Plaza, Mata Mandir Road, Bhopal

REF.: RKDF/PM/454

Date: 20-11-2024

INTERNSHIP COMPLETION CERTIFICATE (At) R.K.D.F. MEDICAL COLLEGE HOSPITAL AND RESEARCH CENTER HOSHANGABAD ROAD, JATKHEDI, MISROD BHOPAL-462026

Name of the intern Mr./Miss: SHAHID AKHTAR

BPT Duration, From 2016 to 2020

Enrollment No. SRKV BPT 16050

Internship Posting start on 26/03/2021 and Completed on 30/09/2021

S.No	Departments	Period of Posting	Grade
01	Orthopedic Physiotherapy	01 Month	good
02	Cardiopulmonary Physiotherapy	01 Month	good
03	Pediatrics Physiotherapy	01 Month	h. good
04	Gynecology Physiotherapy	01 Month	Excellent
05	I.C.U. / (Neurology)	01 Month	good
06	Physiotherapy (O.P.D.)	01 Month	Excellent

No. of days repeated due to absence: Nil

Other reasons if any for repetition of internship with the department Name: Nil

During the internship period he/she has Also worked in the Ortho Surgery, Radiology Department
and has assisted in their routine working

Date: 20-11-2024

Principal/Superintendent
(Department of Paramedical Science)



World
Physiotherapy
MEMBER ORGANISATION



ICRC

KD Yamasand



Certificate of Participation

61ST NATIONAL CONFERENCE

OF

INDIAN ASSOCIATION OF PHYSIOTHERAPISTS

8TH - 10TH MARCH 2024 - DEHRADUN

This is to certify that

Dr. / Mr. / Ms. Shahid Akhtar

has participated as Delegate in the 61ST National IAP Conference at Dehradun

[Signature]

Dr Sanjeev Jha
National IAP President

[Signature]

Dr K M Annamalai
IAP General Secretary

[Signature]

Dr Ruchi Varshney
IAP Treasurer

[Signature]

Dr Maneesh R Arora
Organising Chairperson

[Signature]

Dr Bharat Mehra
Organising Secretary



Scanned with OKEN Scanner



Training Partner:
Medic Pro International Academy
United Kingdom (U.K)



Kinematics Care & Performance
(Refine the way you move)
Certificate
Of Participation

This Certification Addresses Sincere Completion
Of One Day Workshop On
**"Manual Therapy Approach using Modified Chiropractic
and Osteopathic Manoeuvres"**

Dr. SHAHID AKHTAR

The Course Included Theory and Practical Part With
8 Credit Hours On 23 June 2024 Bhopal (MP)

Prof. R. Harihara Prakash

Course Instructor
Prof. R. Harihara Prakash
Ph.D, DPT, FAIMER, PGDOC
Principal & Head, KM Patel Institute
Of Physiotherapy, Bhaikaka University

Dr. Ritu Richhariya

Course Coordinator
Dr. Ritu Richhariya (PT)
Associate Professor

Dr. Zahid Ahmad Khan

Organising Secretary
Dr. Zahid Ahmad Khan (PT)
Assistant Professor
Founder & CEO - Kinematics Care
& Performance

Dr. Sadaf Rehan

Organising Joint Secretary
Dr. Sadaf Rehan (PT)
Director - Rahat Physiotherapy



Registration Number : KCP/JUNE/CC 40 /2024



Scanned with OKEN Scanner

PHYSIO CONCLAVE 2024

THEME : Innovate, Integrate and Celebrate The Art and Science of Physiotherapy & Rehabilitation

CERTIFICATE — OF PARTICIPATION —

This is to Certify that

Dr. Shahid Arif Far

Has participated

At the "PHYSIOTHERAPY CONCLAVE 2024"
for recognition of meritorious and outstanding
work done to promote the physiotherapy profession
awarded on 28th April 2024

V. Dehariya

Dr. Vivek Dehariya (PT)
(Organizing President)

Abhishek

Dr. Abhishek Yadav (PT)
(Organizing Vice-President)

Shubhra

Dr. Shubhra V. Dehariya (PT)
(Organizing Secretary)



KINEMATICS CARE & PERFORMANCE

(Refine the way you move)



Ministry of MSME, Govt. of India

Registration Number. KCP/FEB/CC045/2024



Certificate of Attendance

This Certification Addresses Sincere Completion of
One Day Workshop on

Manual Therapy (Cyriax Concept)

Dr. Shahid Akhtar (PT)

The Course Included Theory and Practical Part with **8 Credit Hour** on **4 Feb 2024 Bhopal.**

Course Instructor

Dr. Shagun Agarwal

Dean of School of Allied
Health Sciences at

Galgotias University Greater Noida

Course Coordinator

Dr. Ritu Richhariya (PT)

Associate Professor

Organising Secretary

Dr. Zahid Ahmad Khan (PT)

CEO (Kinematics Care & Performance)