



## JITENDRA KUMAR (PHYSIOTHERAPIST)



### CONTACT

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### SKILLS

Mobilization technique  
Manipulation  
Exercise  
Rehabilitation  
Therapy procedure  
Patients management  
Anatomy  
Human Physiology  
CPR technique



### LANGUAGES

Hindi  
English  
Regional language



### PERSONAL DETAILS

Date of Birth : 15 Jan 1994  
Marital Status : Married



### OBJECTIVE

Three years of specialized experience in orthopaedic , neuro and sports physiotherapy and rehabilitation programs. I have honed my skills in developing and implementing comprehensive orthopaedic physiotherapy management programs. My focus on patients care and satisfaction has been a driving force in my practice . I am dedicated to delivering high quality care and utilising the latest techniques to achieve optimal patients outcome. With a proven track record in orthopaedic physiotherapy , I am committed to continuous learning and professional development to stay abreast of achievements in the field .



### EDUCATION

Jansewa Hss phulwari, Sonbhadra, up

2011

10th  
69.16%

K. Lion school sunderpur Varanasi, Uttar Pradesh

2013

10+2  
55.56%

Heritage institute of paramedical sciences Varanasi, Uttar Pradesh

2021

Diploma in physiotherapy  
76.33%



### EXPERIENCE

Heritage institute of medical sciences hospital Varanasi Uttar Pradesh

15/01/2021 - 05/06/2021

Physiotherapist - Internship

- Obtained patients medical history to ensure reliability.
- Efficiently communicated patients progress reports to attending doctors.
- Clean equipment area and setup equipments .

## Highway hospital Varanasi

25/08/2021 - 15/08/23

Physiotherapist

- Diagnosed, assessed and treated patients physical problems and conditions.
- Educated patients on how to prevent/improve conditions.
- Wrote case notes and reports performance of existing problems.
- Restored, mentioned and promoted not only optimal physical conditions also optimal quality of life as it relates to movements and health.

## Ashirwad physiotherapy and wellness center( Hindalco Industries Ltd)Renukoot, Sonbhadra,up

21/08/2023 - Till date

Physiotherapist

- Making diagnosis , assessment and treatment plan of patients physical problems.
- Write case notes and reports performance of existing problems .
- Rehabilitation programs for patients conditions.
- Treat patients physical conditions using physiotherapy modalities, manipulation, mobilization techniques and exercises as required in that condition.



## INTERESTS

- Listening song
- Browsing internet



## ADDITIONAL INFORMATION

I have also been working in COVID-19 2nd wave.